

Title of report: Carers strategy

Meeting: Adults and wellbeing scrutiny committee

Meeting date: Monday 29 March 2021

Report by: Senior commissioning officer

Classification

Open

Decision type

This is not an executive decision

Wards affected

All wards

Purpose

To consider the attached draft carers strategy for 2021 to 2026 from the adults and communities directorate and to determine any recommendations the committee wishes to make.

Recommendation(s)

That the committee:

- (a) considers the draft carers strategy for 2021 to 2026 (appendix A) by the adults and communities directorate; and
- (b) determines any recommendations it wishes to make to the executive.

Alternative options

1. It is a function of the committee to review and scrutinise any matter relating to the planning, provision and operation of the health service within its area. The committee also has the function to make recommendations on any matter it has reviewed or scrutinised, and to make reports or recommendations to the executive with respect to the discharge of any functions which are the responsibility of the executive. As such, there are no alternative options.

Key considerations

- 2. The adults and wellbeing scrutiny committee has powers including the review and scrutiny of any matter relating to the planning provision and operation of council, public health or health services (not reserved to the children and young people scrutiny committee), affecting the area and to make reports and recommendations on these matters.
- 3. Family and other unpaid carers play an important role in supporting vulnerable older and disabled people in communities and have been the focus of wide ranging legislation and national policy over the past twenty years. Herefordshire's current carers strategy was adopted in 2017 and is due to be replaced by a new strategy in 2021. The 2011 census identified approximately 21,000 unpaid or family carers in Herefordshire, based upon a broad definition. 7,500 carers are flagged among the patient population of GPs in the county. Carers are people of all ages, as are those they support. Young carers form a particularly vulnerable group which has been a focus of particular development during the period of the current strategy.
- 4. The current carers strategy expiring in 2021 adopted six priorities:

Identifying carers Information and signposting

Carers knowledge and employment
Networking and mutual support

Access to universal services Assessment and support

Review of the strategy has indicated that the majority of actions and priorities have been addressed successfully, but that there is still work to be done. Some of the established priorities from that strategy are taken forward in some form by the new draft strategy albeit with different emphasis. There are multiple stakeholders in strategies of this kind and it is for each of those stakeholders to ensure implementation and continued engagement, in this case with carers. The council has limited resources with which to drive and co-ordinate whole system strategies. In the future, all strategic documents including the carers strategy will be subject to a formal mid-term review report. This review of the strategy will take place in 2023, culminating in a report to health and wellbeing board.

- 5. The current and new draft strategy both promote the council's strengths based approach, focusing on what people can do for themselves and with the support of their peers, their families and communities. There is a focus on trusted information and signposting and participation in communities, along with access to services and support when needed. This is also the context for the service for carers, which was recommissioned by the council in 2018/19 and makes the most of limited resources to address key needs among carers. Over the same period a new service was established for young carers, delivered by children and families directorate as part of wider family support and early help provision. This complements some continuing support groups and activities for young carers provided by voluntary and community organisations.
- 6. The new strategy is informed by Talk Community, exploring both how carers can be supported by their communities and what they themselves can contribute to their local community.

7. The draft carers strategy is the product of extensive engagement with carers and stakeholders which began in September 2020 and has included a carers forum, a stakeholder group, a public survey and surveys of young carers and young adult carers. Feedback and ideas from the different interest groups has shaped the priorities and proposed actions in the strategy. Engagement will continue over the next few months until the strategy is considered formally by cabinet in September 2021. The timetable for completing the strategy includes:

April-May 2021 Further engagement with carers focus group and stakeholders

Second draft of the carers strategy

June 2021 Health and wellbeing board review of the draft strategy

July-August 2021 Engagement with carers and stakeholder agencies

Preparation of final draft of carers strategy

September 2021 Carers strategy considered by cabinet

Oct-Nov 2021 Strategy published in various forms and websites

- 8. The draft strategy identifies five priorities to be taken forward over the next five years:
 - Carers voice
 - Carers in the community
 - Services offered to carers
 - Carers wellbeing
 - Financial stability for carers

In addition, the strategy encompasses two over-arching themes;

"Think carer"

"Carers and technology"

These are felt to be important across a number of priorities and have potential to develop over time. Considerations relating to young carers are identified at various points throughout the strategy.

- 9. A number of actions are set out for each priority, these are summarised in an action plan towards the end of the document. Each individual agency will be responsible for delivering the actions within their services. To offer challenge and support in delivering these actions a carers partnership board will be established and be maintained for the life of the strategy. In addition a formal mid-point review will be reported to the health and wellbeing board to challenge and hold each agency to account in the delivery of the action plan.
- 10. The carers strategy engagement and preparation has been taking place during the Covid-19 emergency. There has been considerable national and regional attention given to carers issues, recognising the additional pressures and risks which may

attend carers lives, including social isolation, reduction in support and illness. During periods of lockdown, demand for and contact to the commissioned service provided by Crossroads 2gether was reduced. The provider developed new approaches and a more versatile model to maintain services and find ways of reaching and supporting carers at this time. Talk Community operations handled enquiries from carers, most notably during the first lockdown.

11. Unpaid family carers are being offered vaccination in February and March as part of Priority Cohort Six, with up to 10,000 individually identified carers being offered appointments for first doses. The government direction on this priority identifies that some carers of children will not be eligible and restricts vaccination for young carers to those aged 16 and 17 only.

Community impact

- 12. In accordance with the adopted code of corporate governance, Herefordshire Council achieves its intended outcomes by providing a mixture of legal, regulatory and practical interventions. Determining the right mix of these is an important strategic choice to make sure outcomes are achieved. The council needs robust decision-making mechanisms to ensure its outcomes can be achieved in a way that provides the best use of resources whilst still enabling efficient and effective operations and recognises that a culture and structure for scrutiny are key elements for accountable decision making, policy development and review.
- 13. This scrutiny activity contributes to the corporate plan county plan 2020-24 ambition "strengthen communities to ensure everyone lives well and safely together". The carers strategy in particular promotes involvement by and support of vulnerable carers in communities, whilst also promoting the plan's theme of connectivity.
- 14. There are no particular implications of this report for the council's role as corporate parent, although for some family carers of disabled children, the family will be experiencing the care system. Information, signposting and support for carers of disabled children should reflect and fulfil the council's responsibilities as corporate parent, where appropriate. There may be health and safety implications for partner and provider agencies delivering direct support for carers and these would be identified by those agencies and where applicable in any contract held by the council.

Environmental impact

15. There are no general implications for the environment arising from this report. The significant focus in the draft carers strategy on carers engaging with their local communities, including through Talk Community will tend to encourage carers to participate and seek support in their local area, so reducing need for travel or the transporting in of services to provide support. Therefore indirectly, the strategy may help to reduce carbon emissions in the county over time.

Equality duty

16. Under section 149 of the Equality Act 2010, the 'general duty' on public authorities is set out as follows:

A public authority must, in the exercise of its functions, have due regard to the need to:

- a) eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act;
- b) advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it;
- c) foster good relations between persons who share a relevant protected characteristic and persons who do not share it.
- 17. The public sector equality duty (specific duty) requires us to consider how we can positively contribute to the advancement of equality and good relations, and demonstrate that we are paying 'due regard' in our decision making in the design of policies and in the delivery of services. The carers strategy addresses the experience and opportunities of a significant population group who include large numbers of people sharing protected characteristics. Many carers are people over 65 and therefore share the protected characteristic of age, as do young carers under 18, who are a much smaller but very vulnerable group of carers. A majority of carers are women and otherwise carers are drawn from all walks of life and so include representation of other groups sharing protected characteristics.
- 18. Carers are supporting people, often family members, who belong to groups sharing protected characteristics, including older people, but most notably, disabled people of all ages, including people with mental health needs. The draft carers strategy is intended generally to improve the experience of and services or opportunities for carers, including those sharing protected characteristics. The carers strategy is not expected to have any negative or adverse impact on anyone belonging to a group sharing protected characteristics.

Resource implications

- 19. As a report informing the scrutiny process, it has no direct implications for resources.
- 20. The draft carers strategy has no direct resources implications for the council as it sets out a general strategic direction for the whole local system, which will be dependent on the existing resources of multiple partner agencies. There is no specific impact on council resources currently directed to carers.

Legal implications

21. Both the Care Act 2014 and The Children and Families Act 2014 introduced responsibilities on local authorities to assess a carer's need for support, and where appropriate, consider the impact of being what a carer has on their wellbeing.

Risk management

22. No risks are identified specifically in relation to this covering report; scrutiny is a key element of accountable decision making and may make recommendations to certain

NHS bodies with a view to strengthening mitigation of any risks associated with the proposed decisions. The committee may make reports and recommendations to certain NHS bodies and expect a response within 28 days.

Consultees

23. There has been extensive consultation with carers and with a wide variety of stakeholders since September 2020 in preparing for the draft carers strategy. Those consulted include;

Carers

NHS partner agencies, including Wye Valley NHS Trust, Herefordshire and Worcestershire Clinical Commissioning Group, Taurus and Herefordshire and Worcestershire Health and Care NHS Trust.

Voluntary and community organisations including commissioned providers

Commissioned providers of domiciliary care and nursing and residential care

Members of the council

Parish Councils

Herefordshire Making it Real Board, advising on adult social care provision

- 24. The method of engagement with these stakeholders has included;
 - Formation of and multiple virtual meetings with a carers focus group, reflecting a
 wide range of different carers, by age and demography, geography and cared for
 user groups. A variety of support has been offered to carers to enable them to
 participate and contribute.
 - Multiple meetings with stakeholders from voluntary and community organisations, NHS and other partners
 - An online survey of carers via the council website promoted through various routes including parish councils, with around 70 responses
 - A survey of young carers, supported by the council's young carers service, eliciting 21 responses
 - Attendances at provider forums for domiciliary care, care homes and community providers and two attendances at Making it Real Board
 - A members' workshop
- 25. The content of the draft strategy has been shaped and directed entirely by the engagement conducted, so it is not practicable to pick-out particular contributions or influences. The carers focus group and other carers engaged with have directed the priorities and cross cutting themes. The wider stakeholder and member engagement has contributed to elements of the priorities and to the form and scope of the actions in

the strategy. The Making it Real Board raised questions and suggestions about the wider engagement and the form and accessibility of the eventual publishing of the finished strategy.

26. The engagement on the draft strategy will continue beyond the meeting of the scrutiny committee and on a further draft document. This will include consideration by the health and wellbeing board and further meetings of the carers focus group and stakeholder group before the final draft of the strategy is considered by cabinet.

Appendices

Appendix 1 Draft carers strategy

Appendix 2 Review of previous strategy

Background papers

None identified.